

# A LESSON IN RESPONSIBLE PARKING

CLEAN AIR FOR US:  
TURN OFF  
YOUR ENGINE



Responsible Parenting <sup>king</sup> ~~center~~



**If you need to drive your child to school, for their safety, please remember:**

**LITTLE LUNGS deserve clean air:** When stopping, please turn off your engine - it requires no effort at all but will make all the difference to the amount of dangerous fumes your children breathe on every school run.

**Want to really make a difference? Join the movement!**

- ★ Ultimately, fewer cars at the school entrance will help make it a safer environment for you and your children.
- ★ **Park and Stride** – consider walking part of the way to school by parking away from the school entrance and walking the last 5 or 10 minutes. Walking half a mile only takes between 8 and 17 minutes. How many calories you burn depends on how fast you walk!
- ★ **Try Car Sharing** – consider sharing the school run. If you have to drive to school then get together with other parents who need to go by car and take it in turns to drive.
- ★ **Walking Bus** – organise a small group of parents to share the walk to school and take it in turns with other parents to do the school run. You could even combine this idea with Park and Stride.

Walking, cycling or scooting to school contributes to the recommended daily physical activity for you and your children. It also helps to reduce congestion around the school and helps to improve air quality, providing benefits for everyone.

**For more advice, inspiration and key contacts for responsible parking, please visit our website:**  
[www.responsibleparking.co.uk](http://www.responsibleparking.co.uk)